



NMRLD

NEW MEXICO
REGULATION &
LICENSING DEPARTMENT

STATE OF NEW MEXICO
BOARD OF BODY ART PRACTITIONERS

Permanent Cosmetics Apprentice Log

100 Hour Theory Training – Practical Hours Based on Areas of Practice

Sponsor Name:

Establishment:

Areas of Training

- ☐ Eye Brow Technique – 20 hours
- ☐ Eyeliner technique - 20 hours
- ☐ Lip technique – 20 hours
- ☐ Beauty Mark Technique – 10 hours

Introduction to Permanent Cosmetics – 5 Hours

**History of Tattooing as it Applies
to Permanent Cosmetics**

Hours of Training:

Methods of Training:

Date Started

Date Completed

Apprentice Initials

Sponsor Initials

Comments:

**Overview of the Different Types
of Machines and Devices**

Hours of Training:

Methods of Training:

Date Started

Date Completed

Apprentice Initials

Sponsor Initials

Comments:

**State Laws and Regulations for
Permanent Cosmetic
Practitioners**

Total Hours of Training:

Methods of Training:

Date Started

Date Completed

Apprentice Initials

Sponsor Initials

Comments:



Professional Standards and Client Care – 10 Hours

Client Expectations	Total Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Medical Expectation	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Consent and Disclosure Form	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Record Keeping	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
HIPPA Standards	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Photography	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials



Comments:			
Office Set-up – 5 Hours			
Understanding Establishment Requirements	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
General Equipment	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Table, Chair, Work Surface, and Lighting	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Safety and Sanitation – 30 Hours			
Definition of Terms	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Discuss Acceptable Forms of Sterilization	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials



Comments:			
Proper Use of Chemical Agents, Antiseptics, Disinfectations, and Fumigants	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
OSHA and CDC Guidelines Regarding Bloodborne Pathogens	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Hand Washing Stations	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Hepatitis B Vaccination	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Personal Protective Equipment such as Gloves and Proper Attire to Avoid Cross Contamination	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Sanitary Measures during Procedure Set-up and Clean-up	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials



Comments:			
Client Preparation – 10 Hours			
Preparing the Clients Skin	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Ways of marking the Skin	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Anesthetics used Before, During, and After Procedures	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Color Pigment Theory – 10 Hours			
Knowledge of Skin Type and Undertones	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Pigment Care such as Expiration, Storage, and Mixing	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials



Comments:			
Use of Safety Sheets	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Skin Anatomy – 15 Hours			
Understanding of Skin and Layers	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Healing Process of the Skin and its Care	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Disease, Disorders, and Conditions such as: Infection Herpes simplex. Shingles, Moles, Warts, Freckles, Psoriasis, Eczema, and Reactions	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
Machine/Needle Theory – 10 Hours			
Operation, Maintenance, and Instrument Storage	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials



Comments:			
Proper Needle Handling and Disposal	Hours of Training:	Methods of Training:	
	Date Started	Date Completed	Apprentice Initials
			Sponsor Initials
Comments:			
Groups, Numbers and Configurations	Hours of Training:	Methods of Training:	
	Date Started	Date Completed	Apprentice Initials
			Sponsor Initials
Comments:			
Pre-Sterilized, Single Use	Hours of Training:	Methods of Training:	
	Date Started	Date Completed	Apprentice Initials
			Sponsor Initials
Comments:			
Business Set-up – 5 Hours			
Basic Business and Social Media Guidelines	Hours of Training:	Methods of Training:	
	Date Started	Date Completed	Apprentice Initials
			Sponsor Initials
Comments:			
Legal Requirements	Hours of Training:	Methods of Training:	
	Date Started	Date Completed	Apprentice Initials
			Sponsor Initials
Comments:			



Insurance/Liability	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			
New Mexico Laws and Regulations	Hours of Training:	Methods of Training:	
Date Started	Date Completed	Apprentice Initials	Sponsor Initials
Comments:			

Direct Supervision- Practical Hours				
☐ Eye Brow Technique ☐ Eyeliner technique ☐ Lip technique ☐ Beauty Mark Technique				
Time Started	Time Completed	Total Hours	Apprentice Initials	Sponsor Initials
Client Name:				
Training Description (additional information can be provided on a separate paper):				
☐ Eye Brow Technique ☐ Eyeliner technique ☐ Lip technique ☐ Beauty Mark Technique				
Time Started	Time Completed	Total Hours	Apprentice Initials	Sponsor Initials
Client Name:				
Training Description (additional information can be provided on a separate paper):				



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**** PLEASE PRINT ADDITIONAL PRACTICAL LOG AS NEEDED TO COMPLETE HOURS REQUIRED****

